



RYAN LOVEDAY

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COACHING BIO

ABOUT ME

My coaching philosophy is built on a simple foundation: hard work, strong habits, and a commitment to continuous development, both individually and as a team. Since joining the WMHA Wolves program in 2020, I've had the privilege of working with the 2016 group in various roles, most recently as an Assistant Coach with the U10 AA team.

Prior to that, I served as Head Coach for the U8 BB and U9 BB Gold teams. My approach to coaching has been shaped by years of experience in high-performance environments, including 14 seasons coaching OUA football at McMaster and Waterloo, where I was part of a Vanier Cup championship staff. This background instilled in me a deep appreciation for preparation and work ethic, as well as foundational skill and long-term development of athletes, all core principles that translate seamlessly to minor hockey.

I believe in creating an environment where players learn, as part of a process: showing up, working hard, embracing challenge, and taking pride in steady improvement. Skill development is at the core of everything we do. Whether it's refining fundamental skating and puck skills or building a deeper understanding of team concepts, my goal is to help players raise both their ceiling and their floor (and move towards that ceiling). Team development is equally important in that I want players to understand how their individual effort contributes to the group, how discipline and habits shape performance, and how a strong team culture can elevate everyone. My teams are expected to compete, push their limits, and bring consistent effort, and they can expect the same effort from me and my staff every day in terms of planning, preparation, film, input, and coaching.

The most rewarding moments in coaching come when the work pays off: when a skill finally clicks, when a team concept comes together, or when a player realizes they're capable of more than they thought. Seeing that growth, and the confidence and joy that come with it, is why I love being at the rink and coaching. Ultimately, my goal is to help players build a strong foundation of skills, habits, and passion that keeps them in the game, competing at their highest level and long after their minor hockey years.