



# **DUANE FROST**

**WATERLOO WOLVES - U11 BB**

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## **ABOUT ME**

**I am Coach 1, Coach 2  
and have my HTCP  
Trainers Certification.**

**I have been coaching  
for 10+ years.**

**Currently coaching  
the U10 BB Waterloo  
Wolves!**

## **COACHING BIO**

**Coming Soon!**