

THE PROGRAM

WMHA has developed the **Future Wolves FUNDAMENTAL** program to make player's first contact with hockey a fun, safe and positive experience. It's a structured, learn-to-play hockey program designed to introduce beginners to the game's basic skills. It enables participants to become contributing members of a team effort, develop self-confidence, and experience a sense of personal achievement. These goals are achieved in an atmosphere of fun and fair play.

FULL ice Power Skating, Skills & Drills, along with "GAME DAYS" will continue as the core elements.

This program is sure to be BEST IN CLASS, not to mention an incredible value proposition.

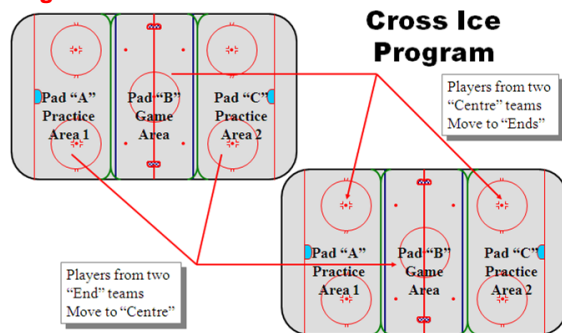
THE CROSS-ICE ADVANTAGE

A single 60 min cross-ice hockey practice will give players more puck touches than 180 full ice games!!

The **Future Wolves** gives players the chance to learn fundamental movement and fundamental sport skills in a quality sport program tailored just for them.

The program maximizes ice utilization through the use of **Teaching Stations** and **Cross-Ice Games**. More puck touches means more skill development and more fun!

In the Cross-Ice environment, a player's activity increases and so does their skill set and love of the game!



PROGRAM HIGHLIGHTS

- Structured age and ability appropriate program
- Safe, FUN and comfortable learning environment
- All levels of skill and ability WELCOME!
- Experienced coaching staff
- LOWEST FEES IN WATERLOO REGION
- All players receive a FUTURE WOLVES jersey & socks
- SPECIAL EVENTS, exhibition games & tournaments

PROFESSIONAL INSTRUCTION

ERIC CALDER, Technical Director

- Certified NCCP High Performance 2 Coach with NCCP Level 3 Theory from Hockey Canada
- One of the most sought-after instructors in the KW area
- 20+ years of Professional, European, Canadian University, Junior B and Minor Hockey coaching experience
- Club European Cup Finalist, CIAU All-Canadian, Memorial Cup Champion (Cornwall), and Canadian MVP of World Junior Championships
- Waterloo Minor Hockey Alumnus

POWER SKATING INSTRUCTOR - TBD

SCHEDULING

TYKES ONLY (Full Ice Games – Every 3rd Thursday 4pm)
Wednesdays (5:00-8:00pm) Saturdays (7am-10:00am)

PRE-TYKES & INITIATION (Rotating) – WEEK 1

Fridays (5:00-8:00pm) Saturdays (10am- 1pm)

WEEK 2

Fridays (5:30-8:30pm) Sundays (8:30-11:30am)

2017-18 Season



INITIATION • PRE-TYKE • TYKE



**WHERE THE
FUN BEGINS!**

WATERLOO MINOR HOCKEY ASSOCIATION
(519) 725-1434
waterloominorhockey.com



4 & 5 Year Old Program

ICE TIME

- 2 Ice Times per week
- Alternating Weeks (Fri/Sat or Fri/Sun)

PRACTICE FORMAT

- Full Ice Power Skating – 10-12 Sessions
- Small Ice Games using 1/3 ice
- Common structured age and ability appropriate program across groups developed by WMHA and Eric Calder (Skills Plus)

CURRICULUM

The Future Wolves **Initiation Program** is a fun way to develop skills as well as a love for the game of hockey!

Future hockey stars will learn and develop their hockey skills with structured age and ability appropriate games and skill specific stations emphasizing fun!

The program that focuses on getting players to be comfortable on the ice, learn the basic hockey stance, stride, knee bend, use of edges and how to hold a stick before moving into a more full hockey curriculum.

Once basic balance and skating skills have been learned, the program progresses to developing puck related skills and fun games such as cross-ice pond hockey.



Pre-Tyke 6 Year Old Program

ICE TIME

- 2 Times Per Week
- Alternating Weeks (Fri/Sat or Fri/Sun)
- Plus Exhibition Games & Tournament Teams

PRACTICE FORMAT

- Full Ice Power Skating – 10-12 Sessions
- Small Ice Games using 1/3 ice surface
- Common structured age and ability appropriate program across groups developed by WMHA and Eric Calder (Skills Plus)

CURRICULUM

The Future Wolves **Pre-Tyke Program** allows players to further develop and refine their basic hockey skills as well as get introduced to the fun and excitement of playing the game!

As a “**skills-focused**” program with continued focus on skating skills in combination with puckhandling, shooting and passing. Gradual exposure to full-ice hockey, including individual and team tactics.

Full Game Exposure: WMHA will roster players and enter teams in at least 1 tournament/fun festival day, plus exhibition games along the way where/if possible.

Note: Hockey Canada has now sanctioned ½ Ice Games only, for this age Group. **These are optional and will cost extra for those participating.**



Tyke 7 Year Old Program

ICE TIME

- 2 Times Per Week
- Thursdays 4-5pm FULL ICE GAME DAYS (every third week)
- Wednesdays 5-8pm & Saturdays 7-10am
- **Plus** Exhibition Games & Tournament Teams

PRACTICE FORMAT

- Full Ice Power Skating – 10-12 Sessions
- Small Ice Games using 1/3 ice surface
- Common structured age and ability appropriate program across groups developed by WMHA and Eric Calder (Skills Plus)

CURRICULUM

The Future Wolves **Tyke Program** continues to build on the skills learned in Pre-Tyke.

Advanced development of skating and hockey skills is the focus of this program as players are challenged to take their game to the next level in preparation for mainstream Novice hockey. Players will receive increased exposure to full-ice hockey, individual and team tactics.

Full Game Exposure: WMHA will roster players and enter teams in up to 2 tournaments/fun festival days, plus exhibition games along the way. **These are optional and will cost extra for those participating.**